



Advanced Motivational Interviewing 1 Day Training



Training Description: This one day advanced motivational interviewing training provides practitioners with an opportunity to assess their proficiency, expand their skills, and engage in periodic supervision. This training will enhance coaching to maximize effectiveness in helping patients and clients make positive changes to improve health outcomes. Participants will identify their strengths and clinical challenges, and discuss strategies for continued learning and development.

Audience: Multidisciplinary.

Through closer examination of the “four processes and role plays, participants will learn the following:

Program Objectives:

- Review ‘four processes’ of MI: MI Spirit, OARS micro skills
- Elicit and strengthen change talk
- Develop a change plan and consolidate commitment
- Identify strength and clinical challenges
- Support peer learning
- Discuss strategies for continued learning and development

Date: April 30th 2019

Time: 9:00 a.m. to 5:00 p.m.

Location:
Ulster County Department of
Mental Health
Golden Hill Office Building
239 Golden Hill Lane
Kingston, NY 12401

Please register using the link below:

Registration:
tinyurl.com/y89argtu



**Performing Provider
System (PPS)**

Westchester Medical Center Health Network