



# Motivational Interviewing



**Training Description:** MI is a client/patient-centered and goal-oriented approach. Motivational Interviewing (MI) is a clinical tool. Attendees will learn the ‘MI Spirit’, the specific components that comprise MI, and the tool of ‘Change Talk’ to help clients commit to change. All training participants — including providers with clinical experience — will benefit from this training. Recent attendees have highlighted the benefit of learning new skills with their colleagues in order to support each other as they incorporate these skills into their own practices as well as to share their new knowledge widely within their workplace. This 2-day training enhances the skills of providers who work across a range of settings..

**Audience:** Multidisciplinary

**Date:**

February 28<sup>th</sup> to March 1<sup>st</sup>, 2018

**Location:** HealthAlliance, Mary’s Avenue Campus ASB 2<sup>nd</sup> Floor Conference Room, 105 Mary’s Avenue Kingston, NY 12401

**Registration:**

<https://tinyurl.com/yawy2zwo>



**Performing Provider System (PPS)**

Westchester Medical Center Health Network