Our Community Needs Assessment (CNA) takes a look at social determinants of health; how income, employment, housing and other social and economic factors impact health and wellness. Having a clear understanding of social determinants of health in communities will influence how we coordinate local health care and provide services and support in our DSRIP projects.

The following pages cover data about some of the social determinants of health specific to the 12401 zip code in the town of Kingston, Ulster county New York and includes:

- Total population
- Types of household
- Nativity
- Education and income level
- Employment and insurance status
- Types of housing
- Modes of transportation
- Poverty and disability
- Top health issues

To learn more about the community needs assessment and our participation in the New York State DSRIP project, please contact:

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Community Profile – Kingston Zip code 12401

Total Number Households: 14,400

15,800 housing units, 9% were vacant

Data Source: American Community Survey/ US Census Bureau – 2018-2012
http://thedataweb.rm.census.gov/TheDataWeb_HotReport2/profile/2012/5yr/npt01.html?SUMLEV=860&zcta=6328
12401: Kingston Fast Facts

• **Population:** 35,000 (53% females and 47% males). Median age of 41.8 years

• **Nativity and Foreign Born**
  – 91% were native residents, 9% foreign born
  – Of those foreign born, 98% entered the US before 2010
  – Of those ≥ 5 years old, in addition to English, 57% speak Spanish, 34% speak other European languages, 7% Asian languages, and 3% others.
Community Profile – Kingston Zip code 12401

- Less than High school diploma: 15.4%
- Graduate or Professional degree: 9.9%
- Bachelor's degree: 13.2%
- Associate's degree: 9.5%
- High school diploma or equivalency: 30.6%
- Some college, no degree: 21.4%
12401: Kingston Fast Facts

• Occupations:
  – 32.7% in management, business, sciences, & art;
  23.3% in service; 26.1% in sales, 10.2% in production & transportation, and 7.7% in construction & maintenance

• Employment status: 57% of the population ≥ 16yrs of age were employed and 36% were not in the work force
Community Profile – Kingston Zip code 12401

Commute to work

- Car, truck, van -- drove alone: 76.1%
- Car, truck, van -- carpooled: 9.7%
- Public transportation (excluding taxicab): 2.1%
- Walked: 4.4%
- Other means: 2.0%
- Worked at home: 5.5%
12401: Kingston Fast Facts

• **Income:** Median annual income was $48,650; for FT year-round workers - Male $45,772; Female $38,662

• **Housing Costs:** 41.3% Owners with mortgage; 24.1% Owners without mortgage; and 58.3% Renters

• **Health Insurance:**
  – Among the civilian non-institutionalized population, 88% had health insurance coverage and 12% did not.
  – Of those with health insurance, 60% had private and **40% had public coverage**
12401: Kingston Fast Facts

• Poverty and Participation in Government Programs
  – 15% of the population were in poverty
  – An estimated 24% of children and 8% of people over 65 yrs. old were below the poverty level

• Disability
  – Among the non-institutionalized population, 17% reported a disability
Prominent Diagnoses for Medicaid Beneficiaries in Kingston – Zip code 12401

• Chronic Conditions
• Heart Disease
• Respiratory
• HIV
• Mental Health
• Alcohol and Substance Abuse
• Cancer
## NYS Prevention Agenda-Ulster County (2009)


<table>
<thead>
<tr>
<th>Indicator (2009)</th>
<th>Ulster County (95% CI)</th>
<th>New York State (95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>% of adults who are current smokers</td>
<td>22.7 (14.0,22.8)</td>
<td>17.0 (15.3,18.8)</td>
</tr>
<tr>
<td>% of adults who are obese</td>
<td>24.9 (22.0,33.2)</td>
<td>23.1 (21.0,25.1)</td>
</tr>
<tr>
<td>% of adults who consume 5 or more fruits and vegetables per day</td>
<td>29.3 (22.6,33.0)</td>
<td>27.1 (24.9,29.2)</td>
</tr>
<tr>
<td>% of adults who had some type of leisure-time physical activity</td>
<td>75.4 (80.3,87.2)</td>
<td>76.3 (74.1,78.5)</td>
</tr>
<tr>
<td>% of adults who have diabetes</td>
<td>8.0 (6.7,12.8)</td>
<td>9.0 (7.8,10.3)</td>
</tr>
<tr>
<td>% of adults who have current asthma</td>
<td>9.2 (4.3,9.7)</td>
<td>9.7 (8.2,11.2)</td>
</tr>
</tbody>
</table>