



**Westchester**  
MEDICAL CENTER  
CENTER FOR REGIONAL  
HEALTHCARE INNOVATION

Our Community Needs Assessment (CNA) takes a look at social determinants of health; how income, employment, housing and other social and economic factors impact health and wellness. Having a clear understanding of social determinants of health in communities will influence how we coordinate local health care and provide services and support in our DSRIP projects.

The following pages cover data about some of the social determinants of health specific to the 10550 zip code in the town of Mount Vernon, Westchester county New York and includes:

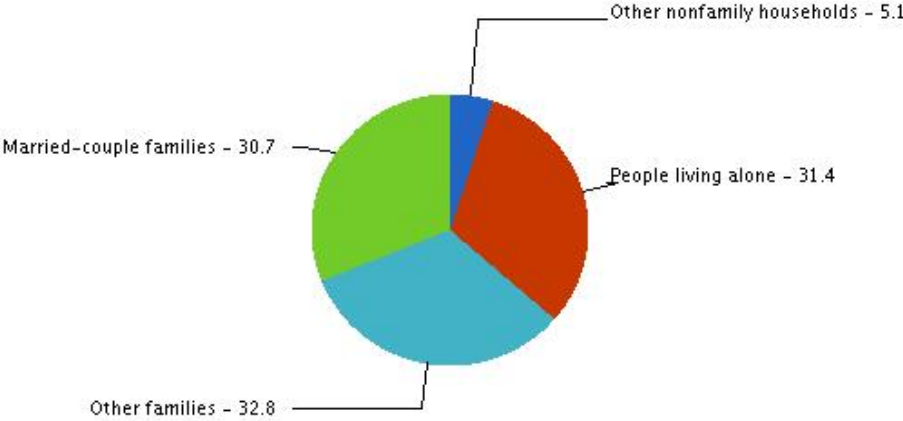
- Total population
- Types of household
- Nativity
- Education and income level
- Employment and insurance status
- Types of housing
- Modes of transportation
- Poverty and disability
- Top health issues

To learn more about the community needs assessment and our participation in the New York State DSRIP project, please contact:

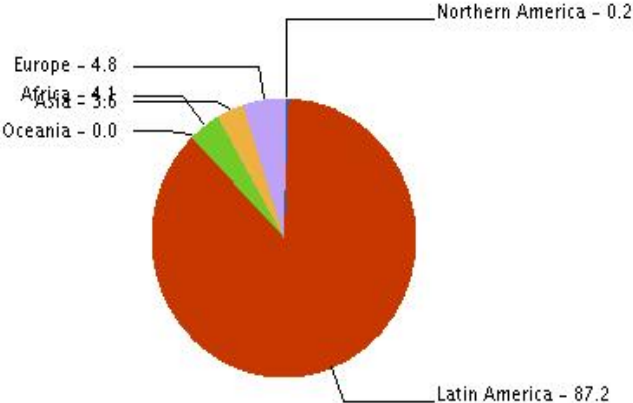
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# Community Profile – Mt. Vernon Zip code 10550



Total Number Households:  
13,600



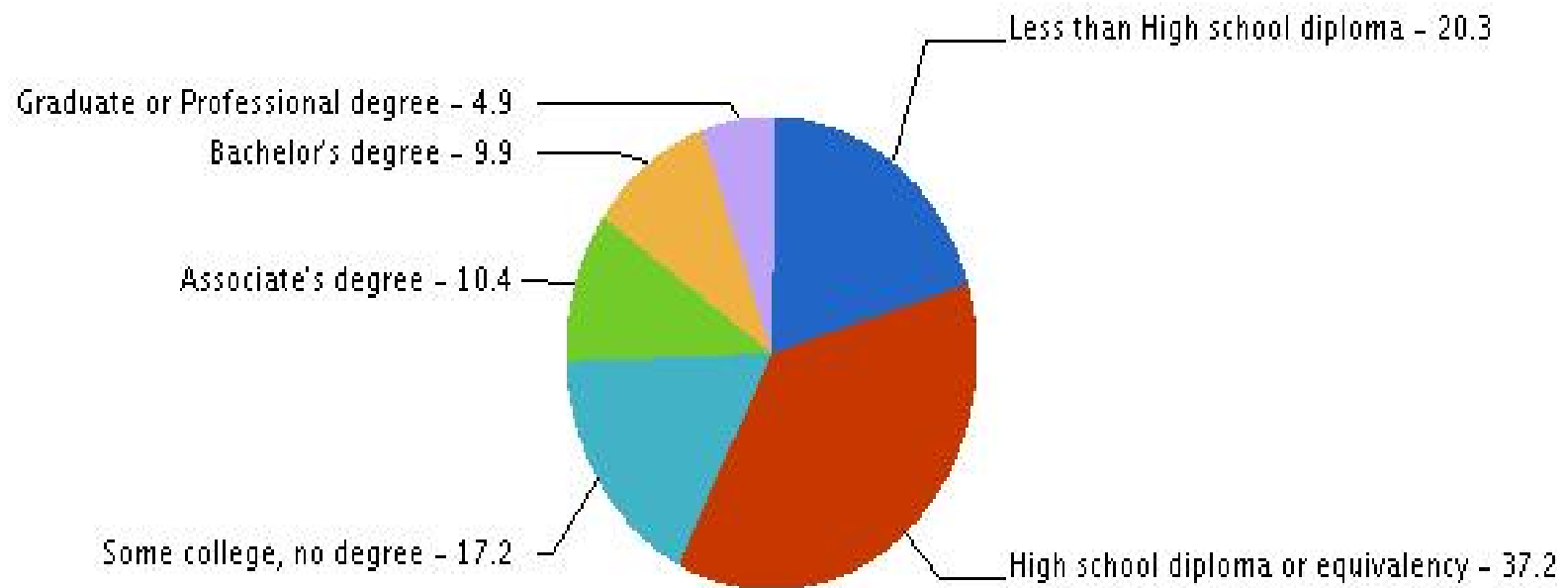
Region of Birth for the Foreign Born population

# 10550: Mt. Vernon Fast Facts

- **Population:** 36,900 (55% females and 45% males).  
Median age of 34.3 years
- **Nativity and Foreign Born**
  - 62% were native residents, **38% foreign born**
  - Of those foreign born, 99% entered the US before 2010

# Community Profile – Mt. Vernon

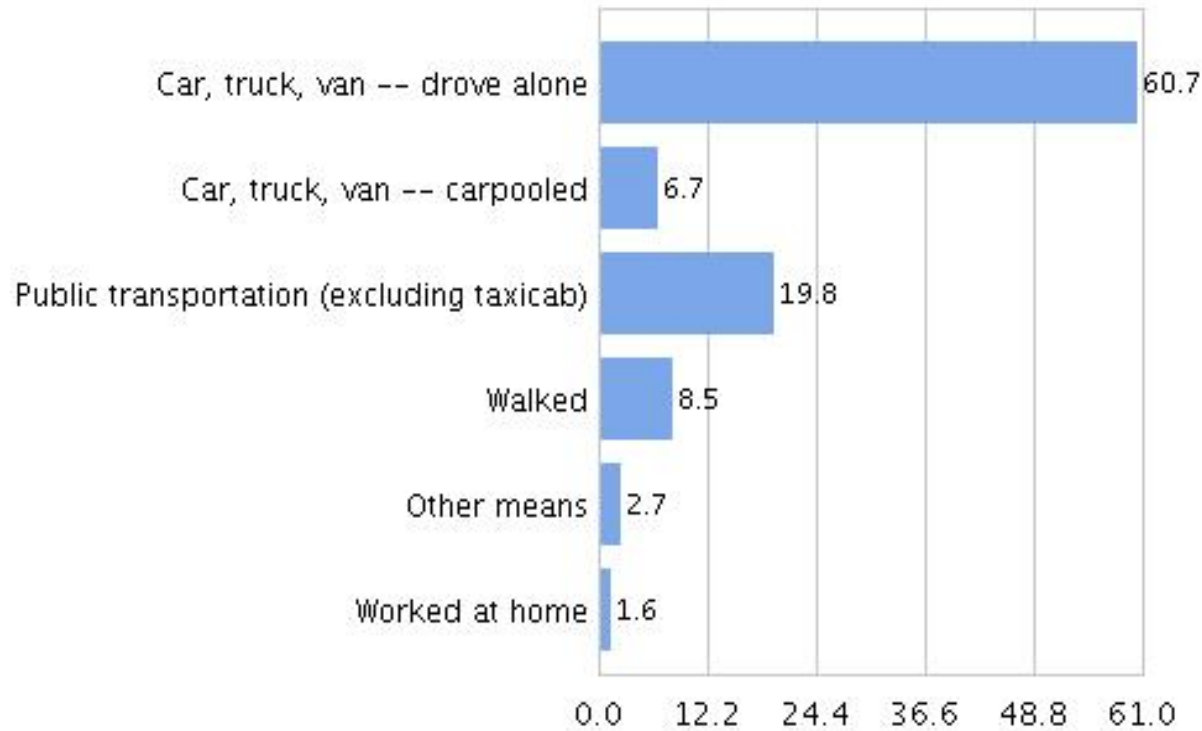
## Zip code 10550



# 10550: Mt. Vernon Fast Facts

- **Occupations:**
  - 25% in management, business, sciences, & art; 28.1% in service; 25.7% in sales, 10.3% in production & transportation, and 10.8% in construction & maintenance
- **Employment status:** 56% of the population  $\geq$  16yrs of age were employed and ***34 % were not in the work force***

# Community Profile – Mt. Vernon Zip code 10550



Commute to work

# 10550: Mt. Vernon Fast Facts

- **Income:** Median annual income was \$40,833; **18% of households had income below \$15,000/year** and 4% had income over \$150,000 or more.
- **Housing Costs:** 66.3% Owners with mortgage; 35.9% Owners without mortgage; and 62.4% Renters (**62% spent 30% or more of household income on housing**).
- **Health Insurance:**
  - Among the civilian non-institutionalized population, 85% had health insurance coverage and **15% did not**.
  - Of those with health insurance, 56% had private and **37% had public coverage**

# 10550: Mt. Vernon Fast Facts

- **Poverty and Participation in Government Programs**
  - 19% of the population were in poverty
  - An estimated 26% of children and 18% of people over 65 yrs. old were below the poverty level
- **Disability**
  - Among the non-institutionalized population, 11% reported a disability



## Prominent Diagnoses for Medicaid Beneficiaries in Mt. Vernon - Zip code 10550

- Chronic Conditions
- Heart Disease
- Respiratory
- HIV
- Mental Health
- Alcohol and Substance Abuse
- Maternal-Child Health
- Cancer

# NYS Prevention Agenda-Westchester County (2009)

Data Source: [http://www.health.ny.gov/statistics/brfss/expanded/2009/prevention\\_agenda/county](http://www.health.ny.gov/statistics/brfss/expanded/2009/prevention_agenda/county)

| Indicator (2009)  | Westchester County<br>(95% CI) | New York State<br>(95% CI) |
|---|--------------------------------|----------------------------|
| % of adults who are current smokers                             | 12.3<br>(14.0,22.8)            | 17.0<br>(15.3,18.8)        |
| % of adults who are obese                                       | 19.9<br>(22.0,33.2)            | 23.1<br>(21.0,25.1)        |
| % of adults who consume 5 or more fruits and vegetables per day | 30.6<br>(22.6,33.0)            | 27.1<br>(24.9,29.2)        |
| % of adults who had some type of leisure-time physical activity | 79.0<br>(80.3,87.2)            | 76.3<br>(74.1,78.5)        |
| % of adults who have diabetes                                   | 7.2<br>(6.7,12.8)              | 9.0<br>(7.8,10.3)          |
| % of adults who have current asthma                             | 8.7<br>(4.3,9.7)               | 9.7<br>(8.2,11.2)          |