



Our Community Needs Assessment (CNA) takes a look at social determinants of health; how income, employment, housing and other social and economic factors impact health and wellness. Having a clear understanding of social determinants of health in communities will influence how we coordinate local health care and provide services and support in our DSRIP projects.

The following pages cover data about some of the social determinants of health specific to the 12601 zip code in the town of Poughkeepsie, Dutchess county New York and includes:

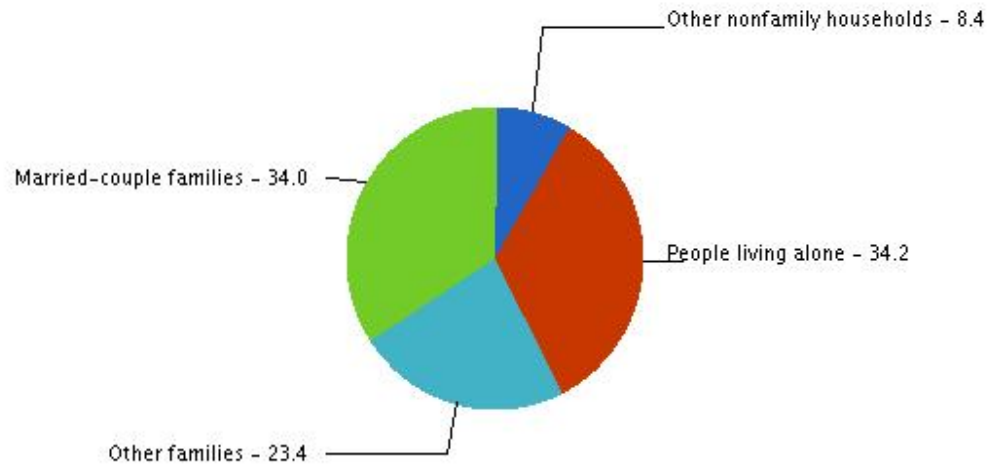
- Total population
- Types of household
- Nativity
- Education and income level
- Employment and insurance status
- Types of housing
- Modes of transportation
- Poverty and disability
- Top health issues

To learn more about the community needs assessment and our participation in the New York State DSRIP project, please contact:

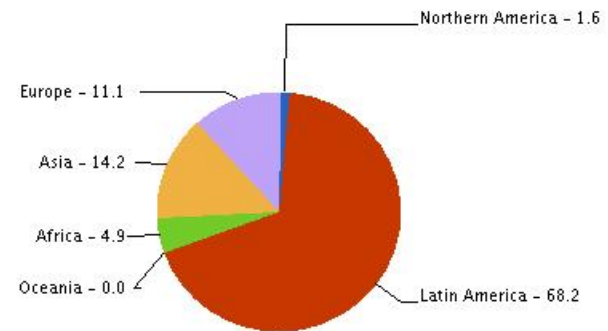
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# Community Profile – Poughkeepsie Zip code 12601



Total Number Households:  
16,100



Region of Birth for the Foreign Born  
population

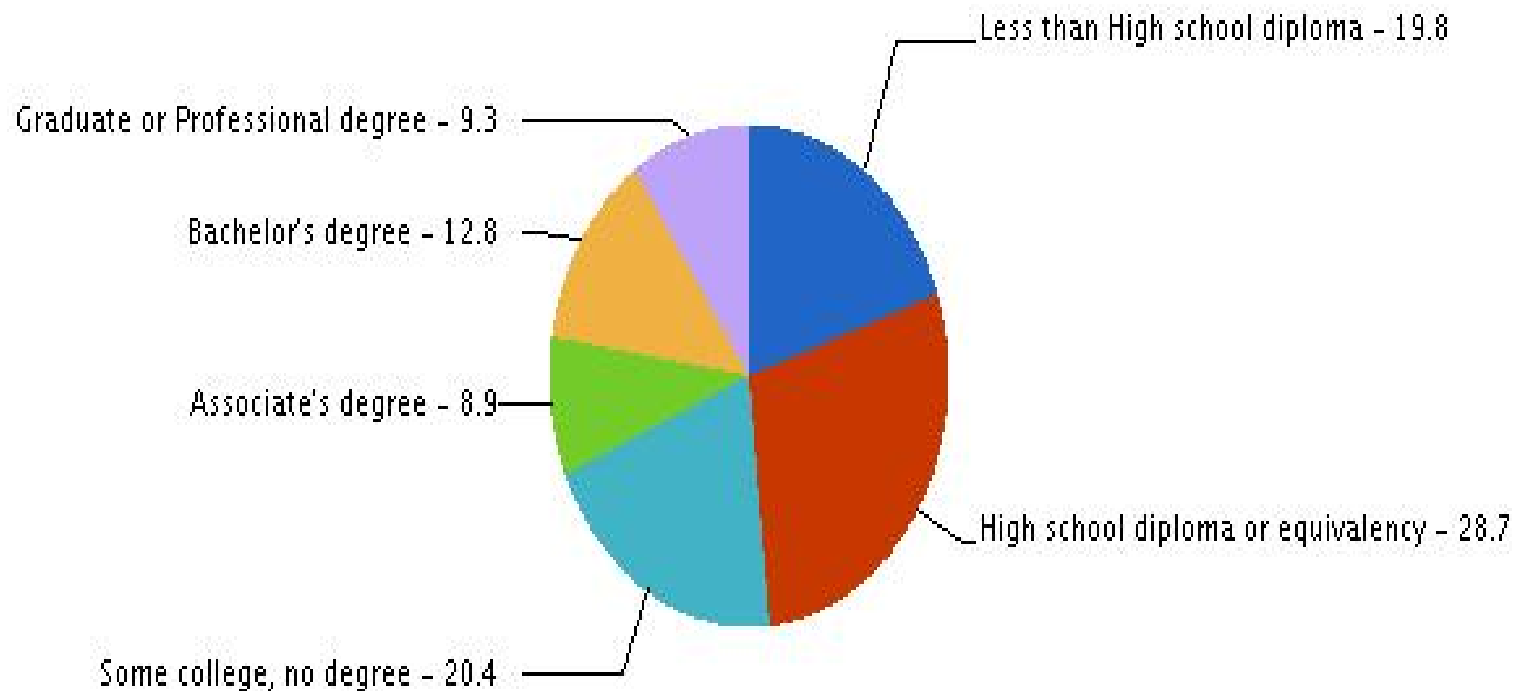
Data Source: American Community Survey/ US Census Bureau – 2018-2012

[http://thedataweb.rm.census.gov/BlueDataWeb\\_HotReport2/profile/2012/5yr/np01.html?SUMLEV=860&zcta=6328](http://thedataweb.rm.census.gov/BlueDataWeb_HotReport2/profile/2012/5yr/np01.html?SUMLEV=860&zcta=6328)

# 12601: Poughkeepsie Fast Facts

- **Population:** 43,400 (53% females and 47% males). Median age of 32.8 years
- 698 grandparents lived with their grandchildren under 18 yrs old. Of those grandparents, **42%** had financial responsibility for their grandchildren
- **Nativity and Foreign Born**
  - 83% were native residents, **17% *foreign born***
  - Of those foreign born, 94% entered the US before 2010

# Community Profile – Poughkeepsie Zip code 12601



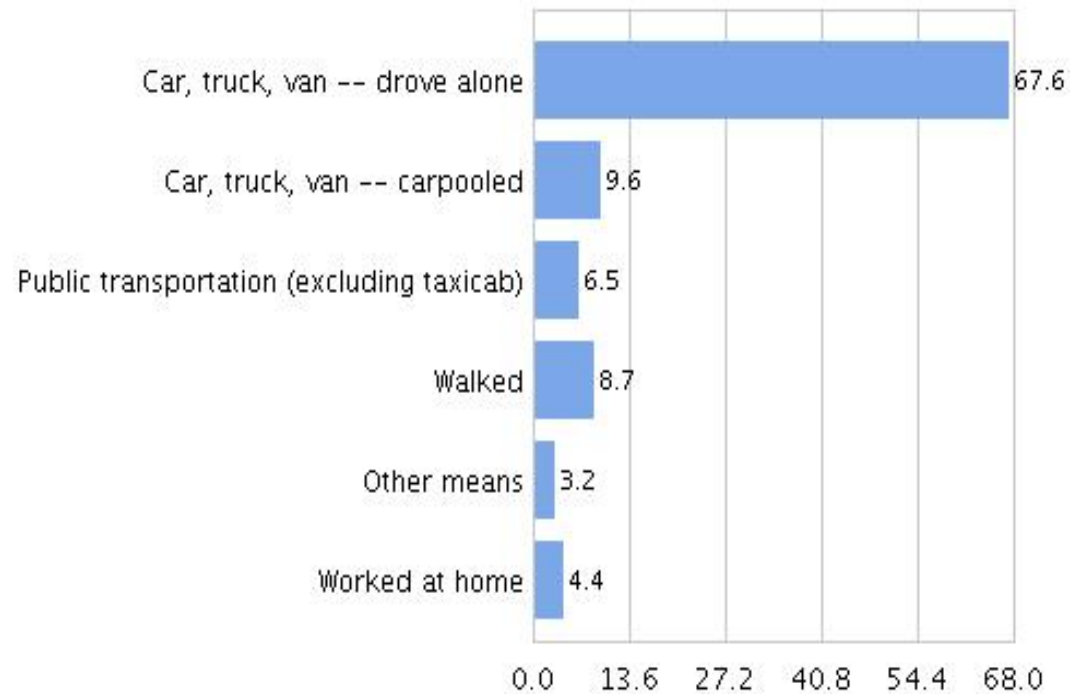
# 12601: Poughkeepsie Fast Facts

- **Occupations:**

- 33.3% in management, business, sciences, & art; 27.5% in service; 22.3% in sales, 8.7% in production & transportation, and 8.3% in construction & maintenance

- **Employment status:** 55% of the population  $\geq$  16yrs of age were employed and ***38 % were not in the work force***

# Community Profile – Poughkeepsie Zip code 12601



Commute to work

# 12601: Poughkeepsie Fast Facts

- **Income:** Median annual income was \$41,881; **21% of households had income below \$15,000/year** and 7% had income over \$150,000 or more.
- **Housing Costs:** 46% Owners with mortgage; 27% Owners without mortgage; and **62% Renters spent 30% or more of household income on housing.**
- **Health Insurance:**
  - Among the civilian non-institutionalized population, 86% had health insurance coverage and 14% **did not.**
  - Of those with health insurance, 62% had private and **35% had public coverage**

# 12601: Poughkeepsie Fast Facts

- **Poverty and Participation in Government Programs**
  - **22%** of the population were in poverty
  - An estimated **28%** of children and 15% of people over 65 yrs. old were below the poverty level
- **Disability**
  - Among the non-institutionalized population, 15% reported a disability



# Prominent Diagnoses for Medicaid Beneficiaries in Poughkeepsie Zip code 12601

- Chronic Conditions
- Heart Disease
- Respiratory
- HIV
- Mental Health
- Alcohol and Substance Abuse
- Cancer

# NYS Prevention Agenda-Dutchess County (2009)

Data Source: [http://www.health.ny.gov/statistics/brfss/expanded/2009/prevention\\_agenda/county](http://www.health.ny.gov/statistics/brfss/expanded/2009/prevention_agenda/county)

Indicator (2009)	Dutchess County (95% CI)	New York State (95% CI)
% of adults who are current smokers	18.4 (14.0,22.8)	17.0 (15.3,18.8)
% of adults who are obese	27.6 (22.0,33.2)	23.1 (21.0,25.1)
% of adults who consume 5 or more fruits and vegetables per day	27.8 (22.6,33.0)	27.1 (24.9,29.2)
% of adults who had some type of leisure-time physical activity	83.7 (80.3,87.2)	76.3 (74.1,78.5)
% of adults who have diabetes	9.7 (6.7,12.8)	9.0 (7.8,10.3)
% of adults who have current asthma	7.0 (4.3,9.7)	9.7 (8.2,11.2)