Our Community Needs Assessment (CNA) takes a look at social determinants of health; how income, employment, housing and other social and economic factors impact health and wellness. Having a clear understanding of social determinants of health in communities will influence how we coordinate local health care and provide services and support in our DSRIP projects.

The following pages covers data about some of the social determinants of health for Putnam county New York, including:

- Total population
- Types of household
- Nativity
- Education and income level
- Employment and insurance status
- Types of housing
- Modes of transportation
- Poverty and disability
- Top health issues
Community Profile – Putnam County

Total Number Households: 35,000

Region of Birth for the Foreign Born population

Data Source: American Community Survey/ US Census Bureau – 2018-2012
http://thedataweb.rm.census.gov/TheDataWeb_HotReport2/profile/2012/5yr/np01.html?SUMLEV=860&zcta=6328
Putnam Fast Facts

• **Population**: 100,000 (50% females and 50% males). Median age of 42.3 years

• **Nativity and Foreign Born**
  – 88% were native residents, 12% foreign born
  – Of those foreign born, 98% entered the US before 2010
Community Profile – Putnam

The Educational Attainment of People in Putnam County, New York in 2010-2012

- Graduate or professional degree: 17.2%
- Less than high school diploma: 7.7%
- High school diploma or equivalency: 26.2%
- Bachelor's degree: 22.2%
- Associate's degree: 8.5%
- Some college, no degree: 18.1%
Putnam Fast Facts

• **Occupations:**
  – 45.6% in management, business, sciences, & art;
    16.1% in service; 22.4% in sales, 7.0% in production & transportation, and 9.0% in construction & maintenance

• **Employment status:** 62% of the population ≥ 16yrs of age were employed and **32 % were not in the work force**
Commute to work

Community Profile – Putnam

Percent of Workers 16 and over Commuting by Mode in Putnam County, New York in 2010-2012

- Car, truck, or van -- drove alone: 78.5%
- Car, truck, or van -- carpooled: 8.0%
- Public transportation (excluding taxicab): 7.3%
- Walked: 1.1%
- Other means: 0.9%
- Worked at home: 4.2%
Putnam Fast Facts

• **Income**: Median annual income was $93,150; *6% of households had income below $15,000/year* and 24% had income over $150,000 or more.

• **Housing Costs**: 44% Owners with mortgages; 25% Owners without mortgages; and 60% Renters spent 30% or more of household income on housing.

• **Health Insurance**:  
  – Among the civilian non-institutionalized population, 91% had health insurance coverage and 9% did not.  
  – Of those with health insurance, 82% had private and *21% had public coverage*
Putnam Fast Facts

• **Poverty and Participation in Government Programs**
  – 6% of the population were in poverty
  – An estimated 6% of children and 5% of people over 65 yrs. old were below the poverty level

• **Disability**
  – Among the non-institutionalized population, 9% reported a disability
# NYS Prevention Agenda-Putnam County (2009)


<table>
<thead>
<tr>
<th>Indicator (2009)</th>
<th>Putnam County (95% CI)</th>
<th>New York State (95% CI)</th>
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</thead>
<tbody>
<tr>
<td>% of adults who are current smokers</td>
<td>13.1 (14.0,22.8)</td>
<td>17.0 (15.3,18.8)</td>
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<tr>
<td>% of adults who are obese</td>
<td>25.2 (22.0,33.2)</td>
<td>23.1 (21.0,25.1)</td>
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<tr>
<td>% of adults who consume 5 or more fruits and vegetables per day</td>
<td>30.6 (22.6,33.0)</td>
<td>27.1 (24.9,29.2)</td>
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<tr>
<td>% of adults who had some type of leisure-time physical activity</td>
<td>80.5 (80.3,87.2)</td>
<td>76.3 (74.1,78.5)</td>
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<td>% of adults who have diabetes</td>
<td>6.4 (6.7,12.8)</td>
<td>9.0 (7.8,10.3)</td>
</tr>
<tr>
<td>% of adults who have current asthma</td>
<td>9.0 (4.3,9.7)</td>
<td>9.7 (8.2,11.2)</td>
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