



**Westchester**  
MEDICAL CENTER  
CENTER FOR REGIONAL  
HEALTHCARE INNOVATION

Our Community Needs Assessment (CNA) takes a look at social determinants of health; how income, employment, housing and other social and economic factors impact health and wellness. Having a clear understanding of social determinants of health in communities will influence how we coordinate local health care and provide services and support in our DSRIP projects.

The following pages cover data about some of the social determinants of health specific to the 10977 zip code in the town of Spring Valley, Rockland county New York and includes:

- Total population
- Types of household
- Nativity
- Education and income level
- Employment and insurance status
- Types of housing
- Modes of transportation
- Poverty and disability
- Top health issues

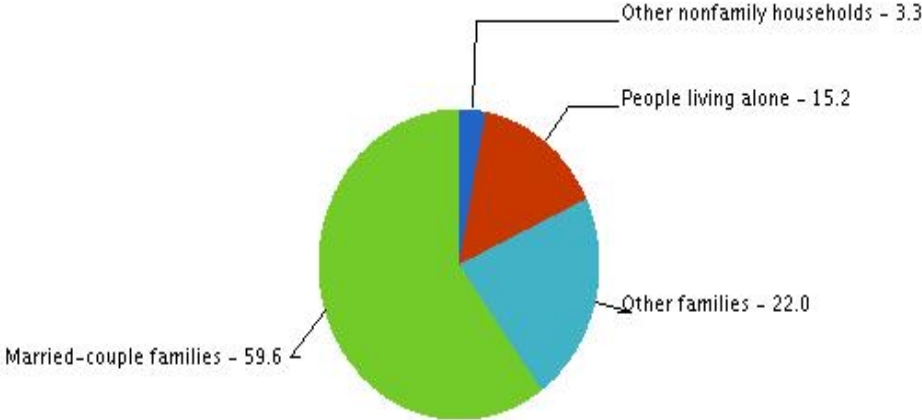
To learn more about the community needs assessment and our participation in the New York State DSRIP project, please contact:

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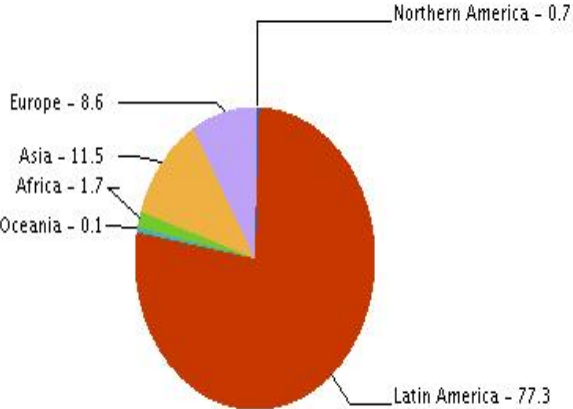
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# Community Profile – Spring Valley

## Zip code 10977



Total Number Households:  
15,000



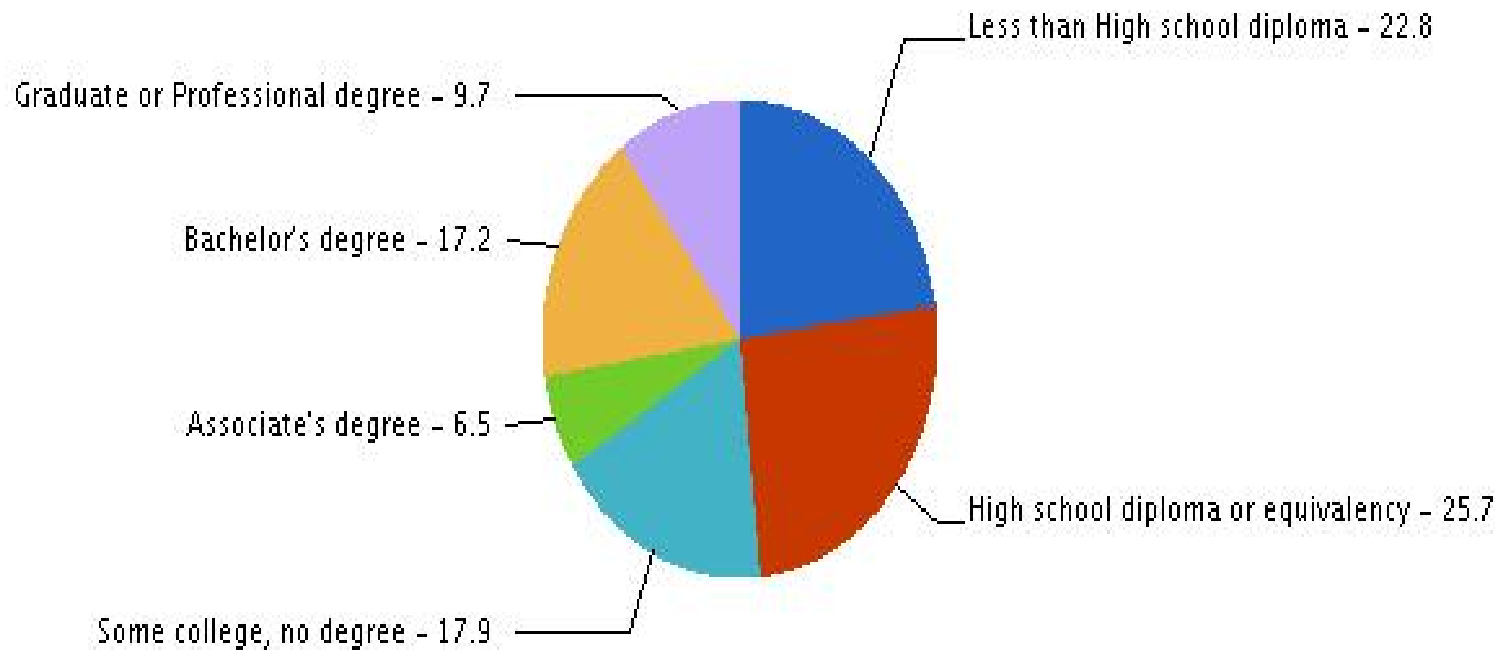
Region of Birth for the Foreign Born population

Data Source: American Community Survey/ US Census Bureau – 2018-2012  
[http://thedataweb.rm.census.gov/TheDataWeb\\_HotReport2/profile/2012/5yr/np01.html?SUMLEV=860&zcta=6328](http://thedataweb.rm.census.gov/TheDataWeb_HotReport2/profile/2012/5yr/np01.html?SUMLEV=860&zcta=6328)

# 10977: Spring Valley Fast Facts

- **Population:** 59,100 (50% females and 50% males).  
*Median age of 28.1 years*
- **Nativity and Foreign Born**
  - 64% were native residents, **36% foreign born**
  - Of those foreign born, 3% entered the US in 2010 or later.

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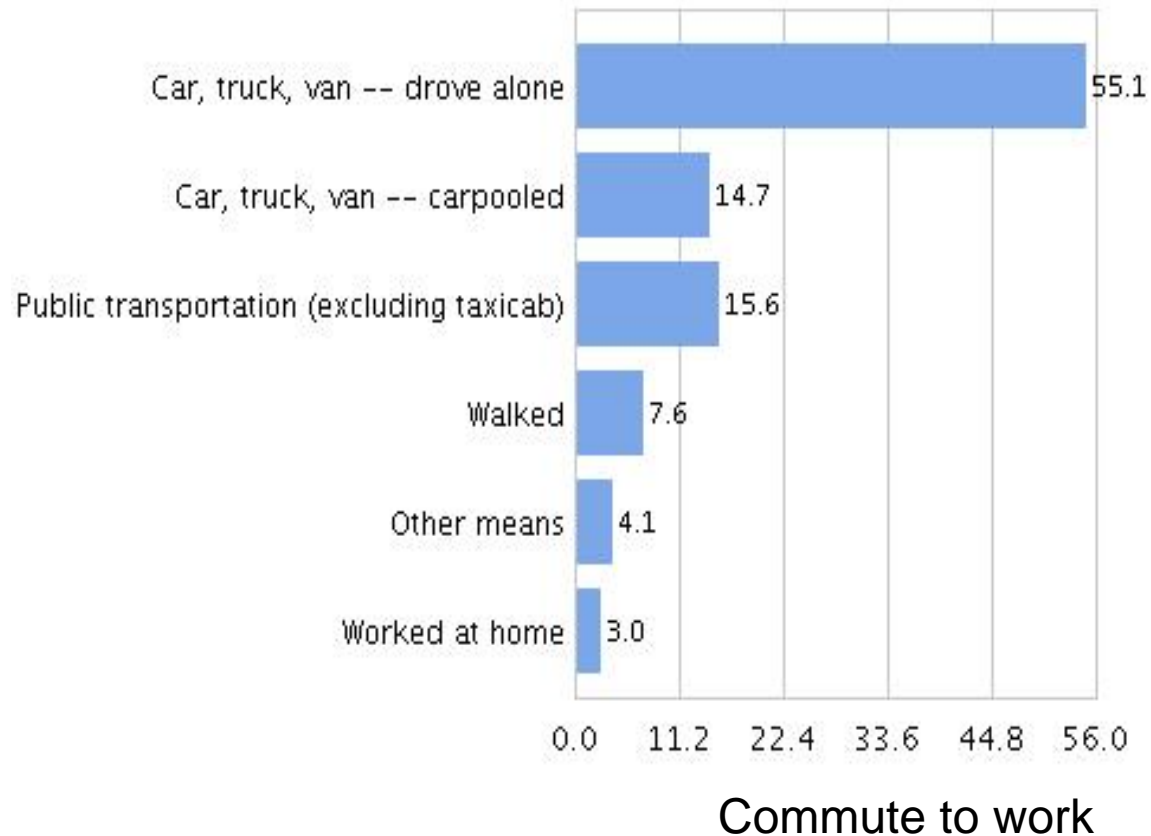
# 10977: Spring Valley Fast Facts

- **Occupations:**

- 29.5% in management, business, sciences, & art; 30.5% in service; 21.4% in sales, 10% in production & transportation, and 8.6% in construction & maintenance

- **Employment status:** 63% of the population  $\geq$  16yrs of age were employed and ***30 % were not in the work force***

# Community Profile – Spring Valley Zip code 10977



# 10977: Spring Valley Fast Facts

- **Income:** Median annual income was \$62,813; 12% of households had income below \$15,000/year and 14% had income over \$150,000 or more. FT workers annual average: Male - \$39,915, Female - \$38,901
- **Housing Costs:** 52.5% Owners with mortgage; 27.7% Owners without mortgage; and 62.8% Renters (**63% spent 30% or more of household income on housing**).
- **Health Insurance:**
  - Among the civilian non-institutionalized population, 85% had health insurance coverage and 15% did not.
  - Of those with health insurance, 56% had private and **37% had public coverage**

# 10977: Spring Valley Fast Facts

- **Poverty and Participation in Government Programs**
  - 23% of the population were in poverty
  - An estimated 34% of children and 10% of people over 65 yrs. old were below the poverty level
- **Disability**
  - Among the non-institutionalized population, 6% reported a disability



# Prominent Diagnoses for Medicaid Beneficiaries in Spring Valley- Zip code 10977

- Chronic Conditions
- Heart Disease
- Respiratory
- HIV
- Mental Health
- Alcohol and Substance Abuse
- Cancer

# NYS Prevention Agenda-Rockland County (2009)

Data Source: [http://www.health.ny.gov/statistics/brfss/expanded/2009/prevention\\_agenda/county](http://www.health.ny.gov/statistics/brfss/expanded/2009/prevention_agenda/county)

Indicator (2009)	Rockland County (95% CI)	New York State (95% CI)
% of adults who are current smokers	9.7 (14.0,22.8)	17.0 (15.3,18.8)
% of adults who are obese	15.0 (22.0,33.2)	23.1 (21.0,25.1)
% of adults who consume 5 or more fruits and vegetables per day	26.4 (22.6,33.0)	27.1 (24.9,29.2)
% of adults who had some type of leisure-time physical activity	72.4 (80.3,87.2)	76.3 (74.1,78.5)
% of adults who have diabetes	8.0 (6.7,12.8)	9.0 (7.8,10.3)
% of adults who have current asthma	7.1 (4.3,9.7)	9.7 (8.2,11.2)