Our Community Needs Assessment (CNA) takes a look at social determinants of health; how income, employment, housing and other social and economic factors impact health and wellness. Having a clear understanding of social determinants of health in communities will influence how we coordinate local health care and provide services and support in our DSRIP projects.

The following pages covers data about some of the social determinants of health for Ulster county New York, including:

- Total population
- Types of household
- Nativity
- Education and income level
- Employment and insurance status
- Types of housing
- Modes of transportation
- Poverty and disability
- Top health issues
Community Profile – Ulster County

Total Number Households: 70,300

Region of Birth for the Foreign Born population

Data Source: American Community Survey/ US Census Bureau – 2018-2012
http://thedataweb.rm.census.gov/TheDataWeb_HotReport2/profile/2012/5yr/np01.html?SUMLEV=860&zcta=6328
Ulster Fast Facts

• **Population**: 182,500 (50% females and 50% males). Median age of 42.1 years

• **Nativity and Foreign Born**
  – 93% were native residents, 7% foreign born
  – Of those foreign born, 98% entered the US before 2010
Community Profile – Ulster

- High school diploma or equivalency: 29.1%
- Bachelor's degree: 15.6%
- Associate's degree: 9.9%
- Some college, no degree: 19.7%
- Graduate or Professional degree: 13.9%
- Less than High school diploma: 11.7%
Ulster Fast Facts

• **Occupations:**
  – 38% in management, business, sciences, & art;
  18.4% in service; 24.7% in sales, 9.4% in production & transportation, and 9.6% in construction & maintenance

• **Employment status:** 58% of the population ≥ 16yrs of age were employed and **36 % were not in the work force**
Community Profile – Ulster

- Car, truck, van -- drove alone: 77.9%
- Car, truck, van -- carpool: 8.2%
- Public transportation (excluding taxicab): 2.1%
- Walked: 3.9%
- Other means: 1.1%
- Worked at home: 6.8%

Commute to work
Ulster Fast Facts

• **Income**: Median annual income was $58,934; 10% of households had income below $15,000/year and 10% had income over $150,000 or more.

• **Housing Costs**: 42% Owners with mortgages; 26% Owners without mortgages; and 57% Renters spent 30% or more of household income on housing.

• **Health Insurance**:
  – Among the civilian non-institutionalized population, 89% had health insurance coverage and 11% did not.
  – Of those with health insurance, 70% had private and 30% had public coverage
Ulster Fast Facts

• Poverty and Participation in Government Programs
  – 13% of the population were in poverty
  – An estimated 15% of children and 7% of people over 65 yrs. old were below the poverty level

• Disability
  – Among the non-institutionalized population, 14% reported a disability
Prominent Diagnoses for Medicaid Beneficiaries in Ulster

- Chronic Conditions
- Heart Disease
- Respiratory
- HIV
- Mental Health
- Alcohol and Substance Abuse
- Maternal-Child Health
- Cancer
## NYS Prevention Agenda-Ulster County (2009)


<table>
<thead>
<tr>
<th>Indicator (2009)</th>
<th>Ulster County (95% CI)</th>
<th>New York State (95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>% of adults who are current smokers</td>
<td>22.7 (14.0,22.8)</td>
<td>17.0 (15.3,18.8)</td>
</tr>
<tr>
<td>% of adults who are obese</td>
<td>24.9 (22.0,33.2)</td>
<td>23.1 (21.0,25.1)</td>
</tr>
<tr>
<td>% of adults who consume 5 or more fruits and vegetables per day</td>
<td>29.3 (22.6,33.0)</td>
<td>27.1 (24.9,29.2)</td>
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<tr>
<td>% of adults who had some type of leisure-time physical activity</td>
<td>75.4 (80.3,87.2)</td>
<td>76.3 (74.1,78.5)</td>
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<tr>
<td>% of adults who have diabetes</td>
<td>8.0 (6.7,12.8)</td>
<td>9.0 (7.8,10.3)</td>
</tr>
<tr>
<td>% of adults who have current asthma</td>
<td>9.2 (4.3,9.7)</td>
<td>9.7 (8.2,11.2)</td>
</tr>
</tbody>
</table>