A REGIONAL COMMUNITY NEEDS ASSESSMENT (CNA) UNDERTAKEN IN COLLABORATION WITH: WESTCHESTER MEDICAL CENTER, MONTEFIORE MEDICAL CENTER, REFUAH HEALTH CENTER AND HEALTH ALLIANCE OF THE HUDSON VALLEY
CNA PROCESS and TIMELINE

Prior to Mid September 2014
* Prepared, translated, & finalized survey instruments; created public facing websites as platforms for data collection and communication
* Distributed survey through email and postal mail to DOH and PPS partners; carried out public awareness campaign
* Commenced data collection

Mid-September – December 2014
* Continued with data collection and entry
* Conducted quality assurances and data cleaning
* Performed preliminary data analyses for PPSs’ DSRIP applications

January 2015 – Present
* Completed data collection and entry
* Completed data cleaning and quality assurances
* Continue data analyses and research findings dissemination activities
From a total sample of 4,952 survey respondents, 221 are from Putnam County. This subpopulation (n=221), however, are demographically different from the overall Putnam County population. Findings presented here, therefore, are only reflective of those who participated in the survey and not representative of the County.
Putnam County – Respondents Demographics (n=221)

- Male: 21%
- Female: 79%
- Hispanic: 25%
- Not Hispanic: 75%
- Not US Born: 19%
- US Born: 81%
- Unemployment: 30%
- Employment, PT: 18%
- Employment, FT: 52%
- Medicaid: 25%
- Medicare: 11%
- Private: 51%
- Uninsured: 13%
- Uninsured, know how to pay for healthcare: 15%
- Uninsured, unaware how to pay for healthcare: 85%

Putnam County – Respondents Demographics (n=221)
Putnam County – Respondents Race (n=221)

- White, 84%
- Black, 2%
- Asian, 2%
- Native, 0%
- Other, 11%
Putnam County (n=221)

Respondents Age

- 18-24: 22%
- 25-34: 25%
- 35-44: 27%
- 45-54: 16%
- 55-64: 5%
- 65-74: 1%
- 75 and older: 0%

Respondents Annual Household Income

- $75,000 and over: 36%
- $50,000-$74,999: 13%
- $40,000-$49,999: 10%
- $30,000-$39,999: 7%
- $20,000-$29,999: 7%
- $10,000-$19,999: 10%
- Less than $10,000: 17%
CNA Demographics Take Away Points

Our survey sample for Putnam County was not representative of the county’s overall demographics, compared to the 2013 Census data. Our Putnam County’s sample was less representative for White, Black/African American, Native American, and Asian. We oversampled Hispanic and those with lower social economic status. The sample also has more women and most were younger than 65 years of age.

Among the uninsured, 85% were not aware of how to get their healthcare paid for. This rate is the highest compared to the rest of the region.

30% of respondents from Putnam County reported that they were unemployed, compared to 5.2% for the whole county (NYS Dept of Labor for March 2014).
Putnam County (n=221)

Respondents’ Ranking of Their Overall Health and Mental Health

- Excellent: 43% (Over all Health), 25% (Over all MH)
- Very Good: 34% (Over all Health), 31% (Over all MH)
- Good: 32% (Over all Health), 19% (Over all MH)
- Fair: 8% (Over all Health), 7% (Over all MH)
- Poor: 1% (Over all Health), 0.50% (Over all MH)
Putnam County – Community Health Issues

Top ranked health issues in the community identified by respondents (out of 17):

• Cancer*
• Obesity
• Substance Abuse
• Mental Health
• Heart Disease*

*Top leading causes of death in NYS, according to the NYS DOH Vital Statistics
Health Services Access & Utilization by Respondents
Putnam County (n=221)/Regional (N = 4,952)

- Putnam: 88% had provider when needed, 70% had routine dental check-up (past year), 21% self/family traveled out of County for healthcare
- Regional: 87% had provider when needed, 68% had routine dental check-up (past year), 16% self/family traveled out of County for healthcare
Putnam County – Health Services Access & Utilization by Respondents (cont.)

Top Health Services to Leave County for Care (n=40)
(Reasons include: Primary Care, Dental, Ob/Gyn, Family Planning, Pediatric, HIV/STD, Mental Health, Specialty, Hospital Care, Other)

1. Primary Care (40%)
2. Dental Care/Specialty (38%)
3. OB/GYN (28%)
4. MH (20%)
5. Hospital Care (12%)
Putnam County - Health Services Access & Utilization by Respondents (cont.)

Main reasons for traveling outside of county for health services (n=40)

- For better care, 55%
- Closer to work/home, 32%
- No provider in County, 13%
Health Services Access & Utilization by Respondents (cont.)
Putnam County (n=221)/Regional (n = 4,952)

Last Routine Physical Check-Up

- Putnam County:
  - Past year: 75%
  - Past 2 years: 15%
  - Past 5 years: 5%
  - 5 or more years: 4%

- Regional:
  - Past year: 76%
  - Past 2 years: 14%
  - Past 5 years: 4%
  - 5 or more years: 3%
~ 9% of respondents had not had a routine checkup in > 2 yrs. Similar reasons were cited by those without a dental check-up in past year (30%)

TOP REASONS FOR LACK OF ROUTINE CHECK-UPS

Healthy
High Cost
Lack of Time
Fear
About 25% of respondents went to the Emergency Department last year for care.
CNA – Health Services Access & Utilization by Respondents (cont.)

Preventive Health Services

- Diabetes testing: 76% (Know Where To Go), 33% (Used Service In Past Year)
- Blood Pressure testing: 81% (Know Where To Go), 60% (Used Service In Past Year)
- Cholesterol testing: 77% (Know Where To Go), 53% (Used Service In Past Year)
- Cancer screening: 71% (Know Where To Go), 27% (Used Service In Past Year)
- Nutrition Education: 67% (Know Where To Go), 16% (Used Service In Past Year)
- Weight loss programs: 65% (Know Where To Go), 14% (Used Service In Past Year)
- HIV testing: 76% (Know Where To Go), 16% (Used Service In Past Year)
- STD testing: 74% (Know Where To Go), 12% (Used Service In Past Year)

Treatment Health Services

- Mental Health services: 79% (Know Where To Go), 24% (Used Service In Past Year)
- Substance Abuse services: 78% (Know Where To Go), 6% (Used Service In Past Year)
- Alcohol Abuse services: 77% (Know Where To Go), 5% (Used Service In Past Year)
- Family Planning services: 76% (Know Where To Go), 8% (Used Service In Past Year)
- Maternal & Child services: 74% (Know Where To Go), 12% (Used Service In Past Year)
Among the 18% of respondents that traveled out of Putnam County for care, primary care was cited as the top health service respondents traveled out of the county for. In addition, seeking better quality care and convenience were the two major reasons respondents traveled out of the county for care.

Cancer, obesity, substance abuse, and mental health were identified among the top community health issues, yet 19%-35% respondents did not know where to get basic preventive care for some of these conditions, such as cancer screening, nutrition education, and weight lost programs.

Compared to the rest of the region, respondents from Putnam county reported the lowest rates of fair/poor physical and mental health.
ACKNOWLEDGEMENT

This survey was made possible through the help and support of many individuals and organizations, including the staff of Putnam County Department of Health and the three Performing Provider Systems (PPSs) in the Hudson Valley Region (Westchester Medical Center, Montefiore Medical Center, and Refuah Health Center). We sincerely acknowledge the interest shown in our survey by our network partners and all respondents who were willing to share their opinions on health care delivery in our region. Their insights are invaluable.
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