ONE REGION, ONE CNA
Rockland County

A REGIONAL COMMUNITY NEEDS ASSESSMENT (CNA) UNDERTAKEN IN COLLABORATION WITH: WESTCHESTER MEDICAL CENTER, MONTEFIORE MEDICAL CENTER, REFUAH HEALTH CENTER AND HEALTH ALLIANCE OF THE HUDSON VALLEY
CNA PROCESS and TIMELINE

Prior to Mid September 2014
* Prepared, translated, & finalized survey instruments; created public facing websites as platforms for data collection and communication
* Distributed survey through email and postal mail to DOH and PPS partners; carried out public awareness campaign
* Commenced data collection

Mid-September – December 2014
* Continued with data collection and entry
* Conducted quality assurances and data cleaning
* Performed preliminary data analyses for PPSs’ DSRIP applications

January 2015 – Present
* Completed data collection and entry
* Completed data cleaning and quality assurances
* Continue data analyses and research findings dissemination activities
From a total sample of 4,952 survey respondents, 672 are from Rockland County. This subpopulation (n=672), however, are demographically different from the overall Rockland County population. Findings presented here, therefore, are only reflective of those who participated in the survey and not representative of the County.
Rockland County (n=672) – Respondents Demographics

- Male: 43%
- Female: 57%
- Hispanic: 25%
- Not Hispanic: 75%
- Not US Born: 23%
- US Born: 77%
- Unemployment: 22%
- Employment, PT: 19%
- Employment, FT: 59%
- Medicaid: 41%
- Medicare: 39%
- Private: 11%
- Uninsured: 9%
- Uninsured, know how to pay for healthcare: 30%
- Uninsured, unaware how to pay for healthcare: 70%
Rockland County (n=672) - Respondents Race

- White, 75%
- Black, 8%
- Asian, 3%
- Native, 1%
- Other, 13%
Rockland County (n=672)

Respondents Age

Respondents Annual Household Income

- $75,000 and over: 29%
- $50,000-$74,999: 8%
- $40,000-$49,999: 6%
- $30,000-$39,999: 9%
- $20,000-$29,999: 11%
- $10,000-$19,999: 16%
- Less than $10,000: 21%
Our survey sample for Rockland County was representative of the white population, however, it was less representative of the Black/African American, Asian, and age demographics, compared to the 2013 Census data. We oversampled Hispanic and those with low social economic status. Our Rockland County’s sample also has more women and most were younger than 65 years of age.

Among the uninsured, 70% were not aware of how to get their healthcare paid for.

22% of the respondents from Rockland County’s sample reported that they were unemployed, compared to 5.3% for the whole county (NYS Dept of Labor for March 2014).
Rockland County (n=672)

Respondents’ Ranking of Their Overall Health and Mental Health

- **Excellent**: 45%
- **Very Good**: 36%
- **Good**: 27%
- **Fair**: 22%
- **Poor**: 7%

- **Overall Health**
- **Over all MH**

Westchester Medical Center
Center for Regional Healthcare Innovation
Rockland County – Community Health Issues

Top ranked health issues in the community by respondents (out of 17):

- Cancer*
- Obesity
- Diabetes*¥
- Heart Disease*
- Mental Health

These health issues are also indicated on the Rockland County’s DOH Community Health Assessment Priorities

*Top 3 leading causes of death in NYS, according to the NYS DOH Vital Statistics
¥One of the leading causes of death among minority populations
Health Services Access & Utilization by Respondents
Rockland County (n=672)/Regional (N = 4,952)

- Have provider when needed: Rockland 88%, Regional 87%
- Had routine dental check-up (past year): Rockland 73%, Regional 68%
- Self/Family traveled out of County for healthcare: Rockland 18%, Regional 16%
Rockland County – Health Services Access & Utilization by Respondents (cont.)
Top Health Services to Leave County for Care (out of 9 services, n=108)

1. Specialty (39%)
2. OB/GYN (19%)
3. Hospital (16%)
4. Primary Care (15%)
5. Mental Health (13%)
Main reasons for traveling outside of county for health services

- For better care, 72%
- No provider in County, 24%
- Closer to work/home, 4%
Health Services Access & Utilization by Respondents (cont.)
Rockland County (n=672)/Regional (n = 4,952)

Last Routine Physical Check-Up

<table>
<thead>
<tr>
<th>Time Period</th>
<th>Rockland</th>
<th>Regional</th>
</tr>
</thead>
<tbody>
<tr>
<td>Past year</td>
<td>75%</td>
<td>76%</td>
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<tr>
<td>Past 2 years</td>
<td>13%</td>
<td>14%</td>
</tr>
<tr>
<td>Past 5 years</td>
<td>6%</td>
<td>4%</td>
</tr>
<tr>
<td>5 or more years</td>
<td>5%</td>
<td>3%</td>
</tr>
</tbody>
</table>
~11% of respondents had not had a routine checkup in > 2 yrs. Similar reasons were cited by those without a dental check-up in past year (27%)
About 23% of respondents went to the Emergency Department last year for care.
CNA – Health Services Access & Utilization by Respondents (cont.)

Know Where To Go
Used Service In Past Year
Rockland County - Health Services Access & Utilization
Take Away Points

Among the 11% of respondents that did not have a routine physical check-up and 27% of respondents that did not have a routine dental check-up, cost, time, fear, and the quality of care were some of the barriers for participants to access good primary and preventive care.

Cancer, obesity, and diabetes were identified among the top community health issues, yet 16% - 36% of respondents did not know where to get basic preventive care for these conditions.

Compared to the rest of the region, respondents from Rockland county reported higher rates of fair/poor physical and mental health.
ACKNOWLEDGEMENT

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