ONE REGION, ONE CNA
Sullivan County

A REGIONAL COMMUNITY NEEDS ASSESSMENT (CNA) UNDERTAKEN IN COLLABORATION WITH: WESTCHESTER MEDICAL CENTER, MONTEFIORE MEDICAL CENTER, REFUAH HEALTH CENTER AND HEALTH ALLIANCE OF THE HUDSON VALLEY
CNA PROCESS and TIMELINE

Prior to Mid September 2014
- Prepared, translated, & finalized survey instruments; created public facing websites as platforms for data collection and communication
- Distributed survey through email and postal mail to DOH and PPS partners; carried out public awareness campaign
- Commenced data collection

Mid-September – December 2014
- Continued with data collection and entry
- Conducted quality assurances and data cleaning
- Performed preliminary data analyses for PPSs’ DSRIP applications

January 2015 – Present
- Completed data collection and entry
- Completed data cleaning and quality assurances
- Continue data analyses and research findings dissemination activities
From a total sample of 4,952 survey respondents, 300 are from Sullivan County. This subpopulation (n=300), however, are demographically different from the overall Sullivan County population. Findings presented here, therefore, are only reflective of those who participated in the survey and not representative of the County.
Sullivan County (n=300) – Respondents Demographics
Sullivan County – Respondents Race

- White, 72%
- Black, 21%
- Asian, 1%
- Native, 2%
- Other, 5%
Sullivan County (n=300)

**Respondents Age**

- 18-24: 20%
- 25-34: 24%
- 35-44: 24%
- 45-54: 17%
- 55-64: 5%
- 65-74: 1%
- 75 and older: 9%

**Respondents Annual Household Income**

- Less than $10,000: 23%
- $10,000-$19,999: 17%
- $20,000-$29,999: 14%
- $30,000-$39,999: 15%
- $40,000-$49,999: 9%
- $50,000-$74,999: 11%
- $75,000 and over: 11%
CNA Demographics Take Away Points

Our survey sample for Sullivan County was not representative of the overall demographics for the county, compared to the 2013 Census data. It was less representative of White and Asian. We also oversampled Black/African American, Native American, Hispanic, and those with low social economic status. Our Sullivan County’s sample also has more women and most were younger than 65 years of age.

Among the uninsured, 72% were not aware of how to get their healthcare paid for.

42% of the respondents from Sullivan County reported that they were unemployed, compared to 8.4% for the whole county, the highest rate in the seven counties (NYS Dept of Labor for March 2014).
Sullivan County (n=300)

Respondents’ Ranking of Their Overall Health and Mental Health

- Excellent: 14% (Over all Health), 19% (Over all MH)
- Very Good: 25% (Over all Health), 28% (Over all MH)
- Good: 38% (Over all Health), 37% (Over all MH)
- Fair: 20% (Over all Health), 14% (Over all MH)
- Poor: 3% (Over all Health), 2% (Over all MH)
Top ranked health issues in the community by respondents (out of 17):

- Obesity
- Mental Health
- Cancer*
- Substance Abuse
- Diabetes*¥

*Top leading causes of death in NYS, according to the NYS DOH Vital Statistics
¥One of the leading causes of death among minority populations
Health Services Access & Utilization by Respondents
Sullivan County (n=300)/Regional (N = 4,952)

- Sullivan: 78% Have provider when needed
- Region: 87% Have provider when needed
- Sullivan: 49% Had routine dental check-up (past year)
- Region: 68% Had routine dental check-up (past year)
- Sullivan: 28% Self/Family traveled out of County for healthcare
- Region: 16% Self/Family traveled out of County for healthcare
Sullivan County – Health Services Access & Utilization by Respondents (cont.)

Top Health Services to Leave County for Care (out of 9 services, n=79)

1. Specialty (48%)
2. Primary Care (33%)
3. OB/GYN (32%)
4. Dental/MH (27%)
5. Pediatric (16%)
Sullivan County - Health Services Access & Utilization by Respondents (cont.)

Main reasons for traveling outside of county for health services (n=79)

- For better care, 69%
- No provider in County, 24%
- Closer to work/home, 7%
Health Services Access & Utilization by Respondents (cont.)
Sullivan County (n=300)/Regional (n = 4,952)

Last Routine Physical Check-Up

- Sullivan: Past year - 55%, Past 2 years - 27%, Past 5 years - 14%, 5 or more years - 3%
- Regional: Past year - 76%, Past 2 years - 10%, Past 5 years - 4%, 5 or more years - 4%
~ 14% of respondents had not had a routine checkup in > 2 yrs. Similar reasons were cited by those without a dental check-up in past year (51%)
Sullivan County – Health Services Access & Utilization by Respondents (cont.)

Went to the ED – Past Year

About 28% of respondents went to the Emergency Department last year for care

Seriousness of the health problem

Lack of alternative providers
CNA – Health Services Access & Utilization by Respondents (cont.)

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<thead>
<tr>
<th>Preventive Health Services</th>
<th>Treatment Health Services</th>
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<tbody>
<tr>
<td>Diabetes testing</td>
<td>Substance Abuse services</td>
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<tr>
<td>Blood Pressure testing</td>
<td>Alcohol Abuse services</td>
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<tr>
<td>Cholesterol testing</td>
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<td>Cancer screening</td>
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</table>

- Know Where To Go
- Used Service In Past Year
Sullivan County - Health Services Access & Utilization
Take Away Points

Sullivan county has the second highest rate of those who traveled outside of the county (26% of all Sullivan respondents) for healthcare services compared to the region. Top reasons include traveled to seek better care and due to the lack of providers.

Obesity, mental health, cancer, and diabetes were identified among the top community health issues, yet 22%-32% of respondents did not know where to get basic preventive care for these conditions.

Compared to the rest of the region, respondents from Sullivan county reported the highest rates of fair/poor physical and mental health.
ACKNOWLEDGEMENT

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