



Westchester
MEDICAL CENTER
CENTER FOR REGIONAL
HEALTHCARE INNOVATION

Part of the DSRIP *collaborative Community Needs Assessment included a component that identified health care resources throughout the region in which Performing Provider Systems (PPS) will have a presence. The attached workbook includes health care service providers in Putnam County, New York and covers specialties such as:

- Ambulatory surgical centers
- Assisted living providers
- Behavioral health resources
- Health homes and health centers
- Home care service providers
- Hospitals
- Laboratory and radiology service providers
- Pharmacies
- Rehabilitation service providers
- Skilled nursing homes
- Specialty medical and developmental disability service providers
- Urgent care providers
- Vision care service providers

To learn more about the community needs assessment, this workbook or how social, economic or community-related resources will impact the Westchester Medical Center PPS' participation in DSRIP projects, please contact:

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Visit www.crh-ny.org to learn more about the Westchester Medical Center Performing Provider System (PPS).

*The community needs assessment was a collaborative effort between the Montefiore Hudson Valley Collaborative, Refuah Health Center and Westchester Medical Center.

HEALTH CARE RESOURCES WORKBOOK FOR PUTNAM COUNTY, NEW YORK

Purpose: This workbook is intended to serve as a resource guide of health care organizations and providers located within the Hudson Valley.

Description: Included in this work book are the listings of health care resources in the county. The categories are described and listed alphabetically.

AMBULATORY SURGICAL CENTERS (ASCs)

These are medical facilities specializing in elective same-day or outpatient surgical procedures. Patients treated in these facilities are not required to be admitted to the hospital and usually are well enough to leave after the procedure. ASCs can perform a wide range of procedures, including but not limited to ophthalmology (eye), gastroenterology, orthopedic, otolaryngology (ear), gynecology, dental, urological, neurological, podiatric, and plastic surgery, etc.

Organization Name	Address	Phone	Organization Website
Mount Kisco Medical Group Putnam Hospital Center Office Endo Suite	672 Stoneleigh Avenue Carmel, NY 10512	845-279-2000	http://www.mkmg.com/
Westchester Putnam Urology, LLP	672 Stoneleigh Avenue Ste. C-110 Carmel, NY 10512	845-279-6666	http://www.easthudsonurologygroup.com/

AREA HEALTH EDUCATION CENTERS (AHECs)

These are non-profit organizations aiming to provide health service learning opportunities and improve the education and training of health professionals, primarily primary care providers, in rural or underserved communities. Trainees include medical, dental, physician assistants, nursing, pharmacy, and allied health. One of AHECs' missions is to invest and increase diversity in future healthcare workforce and therefore AHECs routinely make outreach efforts available for K-12 students through health career camps, science enrichment programs, health careers programs, etc., specifically targeting minority /underrepresented groups.

Organization Name	Address	Phone	Organization Website
Catskill Hudson Area Health Education Center	598 Route 299 Highland, NY 12528	845-883-7260	http://www.chahec.org/

ASSISTED LIVING FACILITIES

These facilities are a great housing alternative for older adults that need some assistance with daily personal care, such as dressing, bathing, eating, and toileting, but do not need the round-the-clock medical and nursing care of a nursing home. These facilities may stand alone, a part of a senior housing complex or retirement community. Common services found in these facilities include healthcare management and monitoring, transportation, assistance with daily activities, medication reminders, recreational activities, etc.

Organization Name	Address	Phone	Organization Website
The Plaza at Clover Lake	838 Fair Street Carmel, NY 10512	845-878-4111	http://www.cloverlakeliving.com/home.htm

BEHAVIORAL HEALTH RESOURCES:

ADDICTION SERVICES

These public (county), private, and community-based healthcare organizations provide an array of behavioral health services, including mental health, chemical dependency, and crisis stabilization services - through inpatient, outpatient, residential, and non-residential treatment and counseling programs.

Organization Name	Address	Phone	Organization Website
Arms Acres, Inc.	75 Seminary Hill Road Carmel, NY 10512	845-225-3400	http://www.armsacres.com/
Putnam Family and Community Services Inc. PFCS PROSPer	1816 Route 6 Carmel, NY 10512	845-225-2700	http://www.pfcsinc.org/prosper-schedule.html
Putnam Family and Community Services, Inc.	1808 Route Six Carmel, NY 10512	845-225-2700	http://www.pfcsinc.org/
St. Christopher's Inn, Inc.	21 Franciscan Way Garrison, NY 10524	845-335-1101	http://stchristophersinn-graymoor.org/

BEHAVIORAL HEALTH SERVICES

Organization Name	Address	Phone	Organization Website
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Rockland CPC / C&Y ICM Putnam	Goshen Csu C/O Orange/Ulster Boces 53 Gibson Road Goshen, NY 10924	845-294-7334 x28	http://www.omh.ny.gov/omhweb/facilities/rcpc/facility.htm
Search For Change Inc. Putnam Respite	155 Main Street Brewster, NY 10509	914-428-5600 x250	http://www.searchforchange.org/
Social Services/Mental Health	110 Old Route 6 Carmel, NY 10512	845-808-1500	http://www.putnamcountyny.com/social-services/

MENTAL HEALTH CLINICS

Organization Name	Address	Phone	Organization Website
Careers for People with Disabilities Inc. Carmel Office	102 Gleneida Ave. Carmel, NY 10512	845-225-8007 x102	http://careersforpeoplewithdisabilities.org/
Green Chimneys Arbor House	423 Doansburg Road Brewster, NY 10509	845-278-4486	http://www.greenchimneys.org/arborhouse/
Mental Health Association in Putnam County Peer Specialist Program	1620 Route 22 Brewster, NY 10509	845-278-7600 x205	http://www.mhaputnam.org/Pages/Resource_Guide/MHA_RG_V1.shtml
NYS ARC Putnam County Chapter Respite Program	31 International Blvd Brewster, NY 10509	845-278-7272	http://www.putnamarc.org/site/programs-and-services/support-services/respite-program
Projects to Empower and Organize the Psychiatrically Labeled, Inc. Self Help Program	63 Kent Lake Avenue Carmel ,NY 10512	845-225-7469	http://projectstoempower.org/
Putnam Family and Community Services Inc. Family Support Services	1816 Route 6 Carmel ,NY 10512	845-225-2700	http://www.pfcsinc.org/family_support_advocacy.html
Putnam Hospital Center Crisis Intervention	670 Stoneleigh Avenue Carmel, NY 10512	845-279-5711 x6823	http://www.nami.org/MSTemplate.cfm?Section=Inpatient_Treatment&Site=NAMI_Putnam_County&Template=/ContentManagement/HTMLDisplay.cfm&ContentID=131346
Rockland Psychiatric Center Putnam Clinic	1620 Route 22 Brewster, NY 10509	845-278-2500	http://www.omh.ny.gov/omhweb/facilities/rppc/facility.htm
Putnam Family and Community Services	1808 US-6 Carmel, NY 10512	845-225-2700	http://www.pfcsinc.org/pfcsinc_contact.html

DENTAL PROVIDERS

(For Medicaid Beneficiaries)

This is a listing of dental care providers for Medicaid beneficiaries.

Organization Name	Address	Phone	Organization Website
Hudson Valley Clinical Services of UCPA of Putnam & So Dutchess	40 John Barrett Road Patterson, NY 12563	845-878-9078 Ext. 5913	http://www.hvcpa.org/

DURABLE MEDICAL EQUIPMENT (DME)

Durable medical equipment is any medical equipment used in the home to assist in the improvement of the patient's quality of living. This equipment includes but is not limited to air-fluidized beds, blood sugar monitors, braces, commode chairs, feeding pumps, glucose control solutions, home oxygen equipment and supplies, infusion pumps, nebulizers, orthotics and artificial limbs, wheelchairs, etc. This listing consists of places in the county where residents can purchase and/or rent various types of medical equipment to assist them in their activities of daily living (ADL).

Organization Name	Address	Phone	Organization Website
Central Homecare Supplies NY, LLC	59 Main St. Brewster, NY 10509	845-278-6131	
Community Pharmacy, Inc.	100 Independent Way Ste. G Brewster, NY 10509	845-278-2700	http://www.communitypharmacyinc.com/
Lincare, Inc.	1437 Rte.300 Newburgh, NY 12550-2908	845-566-0262	www.lincare.com
Rite Aid of NY, Inc. Store# 1451	159 Route 6 Mahopac, New York 10541 In The A&P Shopping Center In Mahopac Village	845-628-5299	https://www.riteaid.com/

FEDERALLY QUALIFIED HEALTH CENTERS (FQHC)

A type of safety-net health care provider, FQHCs are federally funded, nonprofit health centers or clinics that served medically underserved areas and populations through a special Public Health Service funding mechanism from the Centers for Medicare and Medicaid Services. FQHCs provide primary care services regardless of the patient's ability to pay. Services are also provided based on a sliding scale fee based on the patient's ability to pay.

Organization Name	Address	Phone	Organization Website
Mobile Van Putnam Farmworker Clinic	Kessman Farm Cornwall Hill Rd Patterson, NY 12563	845-878-6071	www.hrhcare.org
Open Door Family Medical Center @ Brewster	155 Main St. Brewster, NY 10509-1521	845-279-6999	http://www.opendoormedical.org/for-patients/locations-hours-services-by-center/brewster/

FOSTER CHILDREN AGENCIES

In New York State, foster children services are under the auspices of the Office of Children and Family Services (OCFS). Listed here is the OCFS regional office's information. Residents may also contact their County's Department of Social Services (DSS) for additional resources.

Organization Name	Address	Phone	Organization Website
Spring Valley Regional Office	11 Perlman Drive Spring Valley, NY 10977	845-708-2499	http://ocfs.ny.gov/adopt/

HEALTH HOMES

A Health Home is a Medicaid health care management service model for those living with multiple health chronic conditions, including mental health, substance use disorders, and HIV. The home builds community support and care coordination with a team approach among the individual's caregivers (the patient, his/her healthcare providers, family members, etc.). Health homes especially focus on the integration of primary and behavioral health care to better meet the patient's needs.

Organization Name	Address	Phone	Organization Website
Hudson River Healthcare, Inc. d/b/a Community Health Care Collaborative (CCC)	1037 Main Street Peekskill, NY 10566	1-888-980-8410	http://www.hrhcare.org/
Open Door Family Medical Centers d/b/a Hudson Valley Care Coalition	30 W Main St. Mt. Kisco, NY, 10549	914-372-2374	opendoormedical.org

HOME CARE SERVICES

These are services ranging from providing medical care to helping with daily household chores to assist seniors, or those recovering from medical treatments, with their activities of daily living. Some of these services include nursing care, physical therapy, occupational therapy, hygiene assistance, meal preparation/diet monitoring, errands and shopping, light housekeeping, etc.

Organization Name	Address	Phone	Organization Website
Putnam Ridge	46 Mt Ebo Rd. N. Brewster, NY 10509	845-278-3636	https://www.facebook.com/PutnamRidge
Putnam Nursing & Rehab. Ctr.	404 Ludingtonville Rd. Holmes, NY 12531	845-878-3241	https://www.facebook.com/pages/Putnam-Nursing-Rehab-Center/125404680846083

HOSPITALS

This is a listing of hospitals in the county where the injured and sick can visit for medical and surgical treatments. Some hospitals provide only specialty care.

Organization Name	Address	Phone	Organization Website
Arms Acres	75 Seminary Hill Rd. Carmel, NY 10512	845-225-3400	www.armsacres.com/
Putnam Hospital Center	670 Stoneleigh Ave. Carmel, NY 10512	845-279-5711	www.health-quest.org/phc

LOCAL DEPARTMENT OF HEALTH

This is the county's Department of Health information.

Organization Name	Address	Phone	Organization Website
Bureau of Emergency Services	112 Old Route 6 Carmel, NY 10512	845-808-4000	http://www.putnamcountyny.com/health-safety/
Health Department	1 Geneva Road Brewster NY 10509	845-808-1340	http://www.putnamcountyny.com/health/
Live Healthy Putnam	40 Gleneida Ave. Carmel, NY 10512	845-808-1390	http://www.putnamcountyny.com/lhp/

MANAGED CARE ORGANIZATIONS (MCOs)

MCOs are organizations that combine the functions of health insurance, delivery of care, and administration. The focus of MCOs is to deliver high quality health care to members at affordable rates by controlling the costs of these services through the utilization of appropriate health care professional when care is medically necessary. A Health Maintenance Organization (HMO) is an example of a MCO.

Organization Name	Address	Phone	Organization Website
Aetna Health, Inc.	seem to only serve CT and PA	1-800-872-3862 between 7:00am and 7:00pm	https://www.aetna.com/about-us.html
Amerigroup New York, LLC		800-600-4441	https://www.myamerigroup.com/NY/pages/contact-us.aspx
Empire HealthChoice HMO, Inc.		1-888-553-5429	https://www.empireblue.com/health-insurance/customer-care/call-us
Fidelis Care at Home	95-25 Queens Blvd. Rego Park, NY 11374	800-688-7422	http://www.fideliscare.org/en-us/products/coveragearea.aspx
Health Insurance Plan of Greater New York		1-877-411-3625	http://www.emblemhealth.com/About-Us.aspx
Health Net of New York, Inc.			https://www.healthnet.com/
Hudson Health, Inc.	[for future expansion]	800-339-4557	https://www.hudsonhealthplan.org/contact/
MVP Health Plan, Inc.	doesn't seem to serve this county		https://swp.mvphealthcare.com
New York State Catholic Health Plan Inc.	doesn't seem to serve this county		http://www.fideliscare.org/
Oxford Health Plans (NY) Inc.	Oxford Health Plans Attn: Inside Sales 14 Central Park Drive Hooksett, NH 03106	800-216-0778	https://www.oxhp.com/

PHARMACIES

This is a listing of the pharmacies in the county, where residents can go to purchase medical medications.

Organization Name	Address	Phone	Organization Website
A & P	1511 Route 22 Brewster, NY 10509	845-278-5284	http://ap.apsupermarket.com/storelocator/1511-route-22
A & P	3113 Route 22 Patterson, NY 12563	845-878-2061	http://ap.apsupermarket.com/pharmacy-center
CVS Pharmacy	Route 6 & Baldwin Lane Mahopac, NY 10541	845-628-8700	http://www.cvs.com
CVS Pharmacy	100 E. Lake Blvd Mahopac, NY 10541	845-621-7088	http://www.cvs.com
Drug World	55 Chestnut Street Cold Spring, NY 10516	845-265-6352	http://www.drugworld.com/coldspring.htm
JNR Pharmacy	667 Stoneleigh Ave. Carmel, NY 10512	845-278-2600	http://www.jnrbarns.com/
K Mart Pharmacy	987 Rte.6 & Baldwin Plaza Mahopac, NY 10541	845-628-8260	https://pharmacy.kmart.com/shc/RxHome.do
Lake Mahopac Pharmacy & Surgical	559 Route 6 Mahopac, NY 10541	845-208-0424	http://www.lakemahopacpharmacy.com/
Putman Valley Pharmacy Inc.	11 Peekskill Hollow Road Putnam Valley, NY 10579	845-528-6400	http://www.pvpharmacy.com/
Rite Aid-NY Inc.	1511 Route 22 Ste. A Brewster, NY 10509	845-278-5251	https://www.riteaid.com/store-details?storeNumber=3656
Rite Aid-NY Inc.	1896 Route 6 Carmel, NY 10512	845-225-6189	https://www.riteaid.com/
Rite Aid-NY Inc.	180 Gleneida Ridge Road Carmel, NY 10512	845-225-4134	https://www.riteaid.com/
Rite Aid-NY Inc.	159 Route 6 Mahopac, NY 10541	845-628-5299	https://www.riteaid.com/
ShopRite Pharmacy of Carmel	180 Gleneida Avenue Carmel, NY 10512	845-225-1038	http://plan.shoprite.com/Stores?f=Pha&mobile=0

REHABILITATIVE SERVICES

These are services designed to facilitate the process of recovery from injury, illness, or disease and restore various physical functioning to as normal as possible. Rehabilitation services assist the patient to compensate for deficits that cannot be treated medically. Some of these services include physical therapy, occupational therapy, and speech therapy. Other types of therapists, such as inhalation, audiologists, and dietitians may also be part of the professional team as needed. While some therapists do make home visits, most of these services take place in various health care facilities, such as hospitals, clinical office practices, skill-care nursing homes, and sport medicine clinics.

Organization Name	Address	Phone	Organization Website
North Westchester Restorative Therapy And Nursing Center	3550 Lexington Avenue Mohegan Lake, NY 10547	914-528-2000	http://www.nwestchester.com/
Putnam Hospital Center	670 Stoneleigh Ave. Carmel, NY 10512	845-279-5711	putnamhospital.org
Westchester Institute for Human Development	Westchester Medical Center Cedarwood Hall Bldg. 20 Hospital Oval West Valhalla, NY 10595	914-493-8119	http://www.wihd.org/RCASD#.VliO4tLF89k

SKILLED NURSING HOMES

These are living facilities for seniors with health services provided by a team of health professionals under the supervision and oversight of a Medical Director. The clinical team includes medical doctors, licensed practical, vocational, and skilled and registered nurses, as well as rehabilitative staff, to manage, provide, observe, and evaluate care. Unlike a nursing home, a skilled nursing home must be certified by the Centers of Medicare and Medicaid, which pay for these services. In addition, these facilities are strictly regulated by the US Department of Health.

Organization Name	Address	Phone	Organization Website
Putnam Nursing & Rehabilitation Center	404 Ludingtonville Road Holmes, NY 12531	845-878-3241	https://www.facebook.com/pages/Putnam-Nursing-Rehab-Center/125404680846083
Putnam Ridge	46 Mt Ebo Road North Brewster, NY 10509	845-278-3636	https://www.facebook.com/PutnamRidge

SPECIALTY MEDICAL AND DEVELOPMENTAL DISABILITY SERVICES

These are services provided to those living with medical or developmental disabilities which could be severe, chronic ailments caused by mental or physical impairments. The goal of these specialty services is to achieve optimal physical, mental, and social health for the patients through treatment and support. For children and adolescents, these services address needs such as self-care, language, learning mobility, and self-direction. For adults, the services assist with their independent living and economic self-sufficiency. Case management, early intervention, comprehensive medical and neurological evaluations, psychological services and therapy, substance abuse counseling, workshops, job trainings, and educational programs are some of the examples of these services.

Organization Name	Address	Phone	Organization Website
Advocates For Exceptional Children	33 Cimarron Rd. Putnam Valley, NY 10579	Regina C. Filannino 845-526-1177	https://www.facebook.com/pages/Advocates-for-Exceptional-Children-Inc/583222735073166
Putnam County Health Dept.	4 Geneva Rd. Brewster, NY 10509	845-808-1390	http://www.putnamcountyny.com/health/
Putnam County NYSARC, INC.	Terravest Corporate Park 31 International Blvd. Brewster, NY 10509	Susan Limongello 845-278-7272	http://www.putnamarc.org
Putnam Recreation Program For The Handicapped, Inc.	953 South Lake Blvd. Mahopac, NY 10541	James F. Sullivan 845-621-5499	https://www.facebook.com/pages/Putnam-Recreation-Program-for-The-Handicapped/154455501258119
The Friends Network, INC.	8 Peach Lake Rd. Brewster, NY 10509	Linda Kiss-Gruetzner 845-278-0820	http://www.thefriendsnetwork.org
Therapeutic Equestrian Center, Inc. (The)	115 Stonecrop Lane Cold Spring, NY 10516	Sanya Gudim 845-265-3409	www.myfeettakewings.org
William D. Rhodes M.D.	Cold Spring, New York 10516	845-262-2290	http://www.williamdrhodesmd.com/

URGENT CARE CENTERS

Urgent Care centers are set up to assist patients with the provision of immediate outpatient medical services for the treatment of acute or chronic illnesses or injuries that are not life-threatening but also cannot wait until the next day or for the primary care physician to see them. Visiting an urgent care center is a convenient and economical option if care is needed outside of the doctor's regular office hours, and if use appropriately, can be a good alternative to waiting for hours in a hospital emergency room. Some common treatments provided by urgent care centers include office-based laboratory tests, diabetes management, symptoms of the common colds/flu, and common infections (conjunctivitis (pink-eye), streptococcus (throat), urinary tract, etc.).

Organization Name	Address	Phone	Organization Website
Pulse-MD Urgent Care	572 U.S. 6 Mahopac, NY 10541	845-621-3100	pulse-mdurgentcare.com
Putnam Hospital Center	670 Stoneleigh Avenue Carmel, NY 10512	845-279-5711	health-quest.org

VISION CARE

(For Medicaid Beneficiaries)

This is a listing of vision and eye care providers for Medicaid beneficiaries.

Organization Name	Address	Phone	Organization Website
Jay Howard Kaplan, M.D.	Putnam Hospital Center 664 Stoneleigh Avenue Suite 100 Northern Medical Specialists Carmel, NY 10512	845-454-3030	http://www.hudsonretina.com/resources/locations.html
Seeta Eye Centers (Alterman, Modi & Wolter)	664 Stoneleigh Avenue Suite 100 Carmel, New York 10512	845-279-2300	http://www.seeta-eye-care-center.com/about-seeta-eye-centers.html

HEALTH CARE RESOURCE LISTINGS FOR

PUTNAM COUNTY, NEW YORK

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BEHAVIORAL HEALTH RESOURCES:

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BHR: BEHAVIORAL HEALTH SERVICES

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Community Pharmacy, Inc.	100 Independent Way Ste. G Brewster, NY 10509	845-278-2700	http://www.communitypharmacyinc.com/
Lincare, Inc.	1437 Rte.300 Newburgh, NY 12550-2908	845-566-0262	www.lincare.com
Rite Aid of NY, Inc. Store# 1451	159 Route 6 Mahopac, New York 10541 In The A&P Shopping Center In Mahopac Village	845-628-5299	https://www.riteaid.com/

FEDERALLY QUALIFIED HEALTH CENTERS [FQHC]

A type of safety-net health care provider, FQHCs are federally funded, nonprofit health centers or clinics that served medically underserved areas and populations through a special Public Health Service funding mechanism from the Centers for Medicare and Medicaid Services. FQHCs provide primary care services regardless of the patient's ability to pay. Services are also provided based on a sliding scale fee based on the patient's ability to pay.

Organization Name	Address	Phone	Organization Website
Mobile Van Putnam Farmworker Clinic	Kessman Farm Cornwall Hill Rd Patterson, NY 12563	845-878-6071	www.hrhcare.org
Open Door Family Medical Center @ Brewster	155 Main St. Brewster, NY 10509-1521	845-279-6999	http://www.opendoormedical.org/for-patients/locations-hours-services-by-center/brewster/

FOSTER CHILDREN AGENCIES

In New York State, foster children services are under the auspices of the Office of Children and Family Services (OCFS). Listed here is the OCFS regional office's information. Residents may also contact their County's Department of Social Services (DSS) for additional resources.

Organization Name	Address	Phone	Organization Website
Spring Valley Regional Office	11 Perlman Drive Spring Valley, NY 10977	845-708-2499	http://ocfs.ny.gov/adopt/

HEALTH HOMES

A Health Home is a Medicaid health care management service model for those living with multiple health chronic conditions, including mental health, substance use disorders, and HIV. The home builds community support and care coordination with a team approach among the individual's caregivers (the patient, his/her healthcare providers, family members, etc.). Health homes especially focus on the integration of primary and behavioral health care to better meet the patient's needs.

Organization Name	Address	Phone	Organization Website
Hudson River Healthcare, Inc. d/b/a Community Health Care Collaborative (CCC)	1037 Main Street Peekskill, NY 10566	1-888-980-8410	http://www.hrhcare.org/
Open Door Family Medical Centers d/b/a Hudson Valley Care Coalition	30 W Main St. Mt. Kisco, NY, 10549	914-372-2374	opendoormedical.org

HOME CARE SERVICES

These are services ranging from providing medical care to helping with daily household chores to assist seniors, or those recovering from medical treatments, with their activities of daily living. Some of these services include nursing care, physical therapy, occupational therapy, hygiene assistance, meal preparation/diet monitoring, errands and shopping, light housekeeping, etc.

Organization Name	Address	Phone	Organization Website
Putnam Ridge	46 Mt Ebo Rd. N. Brewster, NY 10509	845-278-3636	https://www.facebook.com/PutnamRidge
Putnam Nursing & Rehab. Ctr.	404 Ludingtonville Rd. Holmes, NY 12531	845-878-3241	https://www.facebook.com/pages/Putnam-Nursing-Rehab-Center/125404680846083

HOSPITALS

This is a listing of hospitals in the county where the injured and sick can visit for medical and surgical treatments. Some hospitals provide only specialty care.

Organization Name	Address	Phone	Organization Website
Arms Acres	75 Seminary Hill Rd. Carmel, NY 10512	845-225-3400	www.armsacres.com/
Putnam Hospital Center	670 Stoneleigh Ave. Carmel, NY 10512	845-279-5711	www.health-quest.org/phc

LOCAL DEPT. OF HEALTH

This is the county's Department of Health information.

Organization Name	Address	Phone	Organization Website
Bureau of Emergency Services	112 Old Route 6 Carmel, NY 10512	845-808-4000	http://www.putnamcountyny.com/health-safety/
Health Department	1 Geneva Road Brewster NY 10509	845-808-1340	http://www.putnamcountyny.com/health/
Live Healthy Putnam	40 Gleneida Ave. Carmel, NY 10512	845-808-1390	http://www.putnamcountyny.com/lhp/

MANAGED CARE ORGANIZATIONS [MCO's]

MCOs are organizations that combine the functions of health insurance, delivery of care, and administration. The focus of MCOs is to deliver high quality health care to members at affordable rates by controlling the costs of these services through the utilization of appropriate health care professional when care is medically necessary. A Health Maintenance Organization (HMO) is an example of a MCO.

Organization Name	Address	Phone	Organization Website
Aetna Health, Inc.	seem to only serve CT and PA	1-800-872-3862 between 7:00am and 7:00pm	https://www.aetna.com/about-us.html
Amerigroup New York, LLC		800-600-4441	https://www.myamerigroup.com/NY/pages/contact-us.aspx
Empire HealthChoice HMO, Inc.		1-888-553-5429	https://www.empireblue.com/health-insurance/customer-care/call-us
Fidelis Care at Home	95-25 Queens Blvd. Rego Park, NY 11374	800-688-7422	http://www.fideliscare.org/en-us/products/coveragearea.aspx
Health Insurance Plan of Greater New York		1-877-411-3625	http://www.emblemhealth.com/About-Us.aspx
Health Net of New York, Inc.			https://www.healthnet.com/
Hudson Health, Inc.	[for future expansion]	800-339-4557	https://www.hudsonhealthplan.org/contact/
MVP Health Plan, Inc.	doesn't seem to serve this county		https://swp.mvphealthcare.com
New York State Catholic Health Plan Inc.	doesn't seem to serve this county		http://www.fideliscare.org/
Oxford Health Plans (NY) Inc.	Oxford Health Plans Attn: Inside Sales 14 Central Park Drive Hooksett, NH 03106	800-216-0778	https://www.oxhp.com/

Pharmacies

This is a listing of the pharmacies in the county, where residents can go to purchase medical medications.

Organization Name	Address	Phone	Organization Website
A & P	1511 Route 22 Brewster, NY 10509	845-278-5284	http://ap.apsupermarket.com/storelocator/1511-route-22
A & P	3113 Route 22 Patterson, NY 12563	845-878-2061	http://ap.apsupermarket.com/pharmacy-center
CVS Pharmacy	Route 6 & Baldwin Lane Mahopac, NY 10541	845-628-8700	http://www.cvs.com
CVS Pharmacy	100 E. Lake Blvd Mahopac, NY 10541	845-621-7088	http://www.cvs.com
Drug World	55 Chestnut Street Cold Spring, NY 10516	845-265-6352	http://www.drugworld.com/coldspring.htm
JNR Pharmacy	667 Stoneleigh Ave. Carmel, NY 10512	845-278-2600	http://www.jnrbarns.com/
K Mart Pharmacy	987 Rte.6 & Baldwin Plaza Mahopac, NY 10541	845-628-8260	https://pharmacy.kmart.com/shc/RxHome.do
Lake Mahopac Pharmacy & Surgical	559 Route 6 Mahopac, NY 10541	845-208-0424	http://www.lakemahopacpharmacy.com/
Putman Valley Pharmacy Inc.	11 Peekskill Hollow Road Putnam Valley, NY 10579	845-528-6400	http://www.pvpharmacy.com/
Rite Aid-NY Inc.	1511 Route 22 Ste. A Brewster, NY 10509	845-278-5251	https://www.riteaid.com/store-details?storeNumber=3656
Rite Aid-NY Inc.	1896 Route 6 Carmel, NY 10512	845-225-6189	https://www.riteaid.com/
Rite Aid-NY Inc.	180 Gleneida Ridge Road Carmel, NY 10512	845-225-4134	https://www.riteaid.com/
Rite Aid-NY Inc.	159 Route 6 Mahopac, NY 10541	845-628-5299	https://www.riteaid.com/
ShopRite Pharmacy of Carmel	180 Gleneida Avenue Carmel, NY 10512	845-225-1038	http://plan.shoprite.com/Stores?f=Pha&mobile=0

Rehabilitative Services (incl. PT/OT/Speech)

These are services designed to facilitate the process of recovery from injury, illness, or disease and restore various physical functioning to as normal as possible. Rehabilitation services assist the patient to compensate for deficits that cannot be treated medically. Some of these services include physical therapy, occupational therapy, and speech therapy. Other types of therapists, such as inhalation, audiologists, and dietitians may also be part of the professional team as needed. While some therapists do make home visits, most of these services take place in various health care facilities, such as hospitals, clinical office practices, skill-care nursing homes, and sport medicine clinics.

Organization Name	Address	Phone	Organization Website
North Westchester Restorative Therapy And Nursing Center	3550 Lexington Avenue Mohegan Lake, NY 10547	914-528-2000	http://www.nwestchester.com/
Putnam Hospital Center	670 Stoneleigh Ave. Carmel, NY 10512	845-279-5711	putnamhospital.org
Westchester Institute for Human Development	Westchester Medical Center Cedarwood Hall Bldg. 20 Hospital Oval West Valhalla, NY 10595	914-493-8119	http://www.wihd.org/RCASD#.VliO4tLF89k

Skilled Nursing Homes

These are living facilities for seniors with health services provided by a team of health professionals under the supervision and oversight of a Medical Director. The clinical team includes medical doctors, licensed practical, vocational, and skilled and registered nurses, as well as rehabilitative staff, to manage, provide, observe, and evaluate care. Unlike a nursing home, a skilled nursing home must be certified by the Centers of Medicare and Medicaid, which pay for these services. In addition, these facilities are strictly regulated by the US Department of Health.

Organization Name	Address	Phone	Organization Website
Putnam Nursing & Rehabilitation Center	404 Ludingtonville Road Holmes, NY 12531	845-878-3241	https://www.facebook.com/pages/Putnam-Nursing-Rehab-Center/125404680846083
Putnam Ridge	46 Mt Ebo Road North Brewster, NY 10509	845-278-3636	https://www.facebook.com/PutnamRidge

SPECIALTY MEDICAL AND DEVELOPMENTAL DISABILITY SERVICES

These are services provided to those living with medical or developmental disabilities which could be severe, chronic ailments caused by mental or physical impairments. The goal of these specialty services is to achieve optimal physical, mental, and social health for the patients through treatment and support. For children and adolescents, these services address needs such as self-care, language, learning mobility, and self-direction. For adults, the services assist with their independent living and economic self-sufficiency. Case management, early intervention, comprehensive medical and neurological evaluations, psychological services and therapy, substance abuse counseling, workshops, job trainings, and educational programs are some of the examples of these services.

Organization Name	Address	Phone	Organization Website
Advocates For Exceptional Children	33 Cimarron Rd. Putnam Valley, NY 10579	Regina C. Filannino 845-526-1177	https://www.facebook.com/pages/Advocates-for-Exceptional-Children-Inc/583222735073166
Putnam County Health Dept.	4 Geneva Rd. Brewster, NY 10509	845-808-1390	http://www.putnamcountyny.com/health/
Putnam County NYSARC, INC.	Terravest Corporate Park 31 International Blvd. Brewster, NY 10509	Susan Limongello 845-278-7272	http://www.putnamarc.org
Putnam Recreation Program For The Handicapped, Inc.	953 South Lake Blvd. Mahopac, NY 10541	James F. Sullivan 845-621-5499	https://www.facebook.com/pages/Putnam-Recreation-Program-for-The-Handicapped/154455501258119
The Friends Network, INC.	8 Peach Lake Rd. Brewster, NY 10509	Linda Kiss-Gruetzner 845-278-0820	http://www.thefriendsnetwork.org
Therapeutic Equestrian Center, Inc. (The)	115 Stonecrop Lane Cold Spring, NY 10516	Sanya Gudim 845-265-3409	www.myfeettakewings.org
William D. Rhodes M.D.	Cold Spring, New York 10516	845-262-2290	http://www.williamdrhodesmd.com/

Urgent Care Centers

Urgent Care centers are set up to assist patients with the provision of immediate outpatient medical services for the treatment of acute or chronic illnesses or injuries that are not life-threatening but also cannot wait until the next day or for the primary care physician to see them. Visiting an urgent care center is a convenient and economical option if care is needed outside of the doctor's regular office hours, and if use appropriately, can be a good alternative to waiting for hours in a hospital emergency room. Some common treatments provided by urgent care centers include office-based laboratory tests, diabetes management, symptoms of the common colds/flu, and common infections (conjunctivitis (pink-eye), streptococcus (throat), urinary tract, etc.).

Organization Name	Address	Phone	Organization Website
Pulse-MD Urgent Care	572 U.S. 6 Mahopac, NY 10541	845-621-3100	pulse-mdurgentcare.com
Putnam Hospital Center	670 Stoneleigh Avenue Carmel, NY 10512	845-279-5711	health-quest.org

VISION

This is a listing of vision and eye care providers for Medicaid beneficiaries.

Organization Name	Address	Phone	Organization Website
Jay Howard Kaplan, M.D.	Putnam Hospital Center 664 Stoneleigh Avenue Suite 100 Northern Medical Specialists Carmel, NY 10512	845-454-3030	http://www.hudsonretina.com/resources/locations.html
Seeta Eye Centers (Alterman, Modi & Wolter)	664 Stoneleigh Avenue Suite 100 Carmel, New York 10512	845-279-2300	http://www.seeta-eye-care-center.com/about-seeta-eye-centers.html